

OCTOBER 2025

Schedule your appointments online!

Halloween Hunt! How many Bats, Ghosts, Pumpkins, and Skeletons can you find?



LiveProperChiro.com

Membership has its benefits!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Feeling good and being healthy are not the same thing Chiropractic builds health!			1 7:30a-12p 3:30p-6p	2 7:30a-1:00p	3 7:30a-12p 3:30p-6p	4
5 <i>Chiropractic improves flexibility and range of motion</i>	6 	7 	8 7:30a-12p 3:30p-6p	9 7:30a-1:00p	10 	11 7:30a-9:30a
12 <i>Chiropractic increases endurance and physical strength</i>	13 Columbus Day	14 	15 7:30a-12p 3:30p-6p	16 7:30a-1:00p	17 7:30a-12p 3:30p-6p	18
19 <i>Chiropractic aids in deep breathing and circulation</i>	20 	21	22 7:30a-12p 3:30p-6p	23 	24 7:30a-12p 3:30p-6p	25 7:30a-9:30a
26 <i>Chiropractic reduces the likelihood of injuries and helps with recovery from symptoms</i>	27 	28 9:30a-11:30a	29 7:30a-12p 3:30p-6p	30 7:30a-1:00p	31 Happy Halloween! 7:30a-12p	

