

OCTOBER 2024

Schedule your appointments online!

Halloween Hunt! How many Bats, Ghosts, Pumpkins, and Skeletons can you find?



LiveProperChiro.com

Membership has its benefits!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Feeling good and being healthy are not the same thing Chiropractic builds health!		1 9:30a-11:30a	2 7:30a-12p 3:30p-6p	3 7:30a-1:30p	4 7:30a-12p 3:30p-6p	5
6 <i>Chiropractic improves flexibility and range of motion</i>	7 	8 9:30a-11:30a	9 7:30a-1:30p	10 7:30a-12:00p 3:30p-6p	11 7:30a-12p 3:30p-6p	12 TBD
13 <i>Chiropractic increases endurance and physical strength</i>	14 Columbus Day	15 9:30a-11:30a	16 9:30a-12p 	17 7:30a-1:30p 	18 7:30a-12p 3:30p-6p	19
20 <i>Chiropractic aids in deep breathing and circulation</i>	21 	22 	23 7:30a-12p 3:30p-6p	24 7:30a-1:30p	25 7:30a-12p 3:30p-6p	26 10:30a-12:00p
27 <i>Chiropractic reduces the likelihood of injuries and helps with recovery from symptoms</i>	28 	29 9:30a-11:30a	30 7:30a-12p 3:30p-6p	31 7:30a-1:30p Happy Halloween!		

