



# MAY 2024

Regular adjustments help to relieve stress and improve overall health

Sun.

Mon.

Tue.

Wed.

Thu.

Fri.

Sat.

Visit our Facebook page for more information on how to improve your health.



**LIVE**  
Many athletes rely on regular chiropractic care.

**PROPER**  
The power that made the body heals the body

**Stay  
Subluxation  
Free!**

1  
7:30a-12:00p  
3:30p-6:00p

2  
9:30a-2:30p

3  
7:30a-12:00p  
3:30p-6:00p

4  
TBD

5  
Toddlers need Chiropractic while they are developing

6  
TBD

7  
9:30a-11:30a

8  
7:30a-12:00p  
3:30p-6:00p

9  
9:30a-2:30p

10  
7:30a-12:00p  
3:30p-6:00p

11  
TBD

12  
**Mother's Day**

13  
TBD

14  
9:30a-11:30a

15  
7:30a-12:00p  
3:30p-6:00p

16  
9:30a-2:30p

17  
7:30a-12:00p  
3:30p-6:00p

18  
TBD

19  
I get adjusted to improve my nervous system function

20  
TBD

21  
9:30a-11:30a

22  
7:30a-12:00p  
3:30p-6:00p

23  
9:30a-2:30p

24  
7:30a-12:00p  
3:30p-6:00p

25  
TBD

26  
I stay adjusted to express life at my fullest potential

27  
**Memorial Day**  


28  
9:30a-11:30a

29  
7:30a-12:00p  
3:30p-6:00p

30  
9:30a-2:30p

31  
7:30a-12:00p  
3:30p-6:00p



**LPC**

**APPOINTMENTS:** We are currently having members schedule appointments through the website or Scheduling App. Our staff can help you get set-up at your next visit. All you need is your mobile phone. We are very excited utilizing this additional benefit in our office, saving you time, and helping to **MAKE HEALTH A REALITY!**

LiveProperChiro.com

**#LIVEPROPERPROUD**